

**Agenda**  
**Parks and Recreation Commission**  
**City Of Edina, Minnesota**  
**Braemar Golf Course**

**Monday, April 8, 2024**  
**7:00 PM**

- I. Call To Order
- II. Roll Call
- III. Approval Of Meeting Agenda
- IV. Approval Of Meeting Minutes
  - A. Minutes: Parks & Recreation Commission March 12, 2024
- V. Special Recognitions And Presentations
  - A. Welcome new member to the Parks and Recreation Commission
  - B. Introduction of Braemar Arena & Field General Manager
- VI. Community Comment

*During "Community Comment," the Board/Commission will invite residents to share relevant issues or concerns. Individuals must limit their comments to three minutes. The Chair may limit the number of speakers on the same issue in the interest of time and topic. Generally speaking, items that are elsewhere on tonight's agenda may not be addressed during Community Comment. Individuals should not expect the Chair or Board/Commission Members to respond to their comments tonight. Instead, the Board/Commission might refer the matter to staff for consideration at a future meeting.*
- VII. Reports/Recommendations
  - A. Senior Center Update
  - B. Braemar Ice Arena & Field Facility Update
  - C. 2024 Commission Work Plan
- VIII. Chair And Member Comments
- IX. Staff Comments
  - A. Upcoming Meetings and Events
- X. Adjournment

The City of Edina wants all residents to be comfortable being part of the public process. If you need assistance in the way of hearing amplification, an interpreter, large-print documents or something else, please call 952-927-8861 72 hours in advance of the meeting.



## CITY OF EDINA

4801 West 50th Street

Edina, MN 55424

[www.edinamn.gov](http://www.edinamn.gov)

**Date:** April 8, 2024

**Agenda Item #:** IV.A.

**To:** Parks and Recreation Commission

**Item Type:**

Minutes

**From:** Perry Vetter, Director Parks & Recreation

**Item Activity:**

**Subject:** Minutes: Parks & Recreation Commission March 12, 2024

Action

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### ACTION REQUESTED:

Approve minutes from the March 12, 2024 Parks & Recreation Commission meeting.

### INTRODUCTION:

See attached minutes.

### ATTACHMENTS:

Minutes: Parks & Recreation Commission March 12, 2024



Minutes  
City of Edina, Minnesota  
Edina Parks & Recreation Commission  
Braemar Golf Course  
March 12, 2024  
7 p.m.

**I. Call to Order**

Chair Doscotch called the meeting to order at 7 p.m.

**II. Roll Call**

Answering roll call were Commissioners Doscotch, Kane, Luangrath, Pettit, Pfuhl, Spanhake, Weaver and Student Commissioners DiLorenzo and Holtey

Commissioners Absent: Garazatua and Welsh

Staff Present: Staff Liaison Perry Vetter, Assistant Director Parks & Natural Resources Tom Swenson, Assistant Director Recreation and Facilities Tracy Petersen, City Forester Luther Overholt, Recreation Supervisor Rachael Walters and Administrative Coordinator Janet Canton

**III. Approval of Meeting Agenda**

***Motion made by Spanhake to approve the meeting agenda. Motion seconded by Pfuhl.***

***Motion carried.***

**IV. Approval of Meeting Minutes**

***Motion made by Pfuhl to approve the Feb. 13, 2024, minutes. Motion seconded by Weaver.***

***Motion carried.***

**V. Special Recognitions and Presentations**

A. Staff Liaison Vetter welcomed new Commissioners Kane and Pettit, noting new Commissioner Garazatua was unable to attend tonight's meeting. Commissioners Bob Kane and Leah Pettit introduced themselves to the Commission. The Commission introduced themselves to the new Commissioners.

**VI. Community Comment**

None

**VII. Reports/Recommendations**

**A. Outdoor Ice Rink Season Recap & Preview of Summer Sports**

Recreation Supervisor Walters provided a presentation on this item, noting there are 12 rink locations, and the season normally runs from mid-December through mid-February. This year, the rinks were only open 13 days, due to the unseasonably warm weather. In 2023 there was approximately 1,270 hours reserved for each softball field. The primary users of the sports fields are local sports associations.

Discussion ensued regarding the sports dome usage.



Recreation Supervisor Walters stated that funds have been received from the Edina Rotary Club that will be used to supply a new public AED that will be mounted outside of the park shelter building at Pamela Park. The equipment cost is \$5,900. There is an additional fee of approximately \$1,500 for installation and wiring.

Recreation Supervisor Walters gave a re-cap of the 2023 programs. Registration for the Spring and Summer programs began on Feb. 21, 2024, there will be 824 sessions of programming offered and as of March 11, 2024, there have been 5,364 registrations.

The conversation returned to the ice rinks and potential ways of handling future weather issues.

## **B. Community Forestry Update**

City Forester Overholt gave an update on the forestry program. He praised Matthew Gabb, Sustainability Specialist in the Engineering Department, for his grant writing, stating Edina received \$500,000 that will be used for the removal and replacement of the worst public ash trees and buckthorn. City Forester Overholt encouraged Commissioners to participate in the Tree Sale by spreading the word or by purchasing trees for themselves and others. He also invited all to join him on April 26, 2024, at Centennial Lakes Park to plant trees for Arbor Day from Noon-4 p.m.

## **C. Aquatic Center – Horizon Project Planning**

Staff Liaison Vetter gave a presentation on the aquatic center relating to the massive infrastructure and behind the scenes project that must be completed. The aquatic center houses a 50-meter-pool, twin diving platforms, two waterslides, zero-entry wave pool, a cable ride from the pirate-themed ship to a dry playground area, shower room/locker room, and concession service. Staff liaison Vetter showed images and pointed out various issues to the Commissioners.

Staff Liaison Vetter stated that the following issues need to be addressed: filter room, shade structure, pool deck/concession windows, changing rooms, pool deck, zero-entry, main pool, and plunge pool. Staff Liaison Vetter stated there are between 75,000 and 85,000 visits to the aquatic center each year, and most of the visitors stay more than two hours.

Staff Liaison Vetter gave concrete examples of specific improvements that could/should be made.

Staff Liaison Vetter stated that the city has requested State bonding for improvements to the aquatic center totaling \$10,500,000. Within that request is \$4,000,000 for the filter equipment and the new utility structure, which must be done. The remaining \$6,500,000 funds would be invested in user amenities and modernization needs.

## **D. 2024 Commission Work Plan**

***Initiative 1.6.1 – Review and comment on Fred Richards Implementation.*** Commissioner Pettit asked to be on this initiative. It was noted part of the Master Plan is to create a wetland

bank in the western portion of the park and the hope is to have a playground designed specifically for children with Autism.

**Initiative 1.6.2 – Review and comment on Braemar Park Implementation.** Commissioner Garazatua will be added to this initiative. It was noted that part of the intent is to replace all of the safety nettings and backdrops in this park.

**Initiative 1.6.3 – Review and comment on Braemar Arena Implementation.** Commissioner Kane will be added to this initiative. It was noted they are currently planning to have a couple of focus groups involved for the purpose of gathering community input.

**Initiative 1.6.4 – Community Garden Study and Report.** Chair Doscotch has a meeting scheduled with the Energy and Environment Commission to discuss cross pollination along with how their initiatives work with our initiatives.

**Initiative 1.6.5 – Review and compare park shelter building amenities and function.** Staff Liaison Vetter stated the plan is to find a professional service to assist with the park shelter discussion around size and scope of the project as well as the concepts of something unique versus having our own brand of building.

## VIII. Chair and Member Comments

- No comments

## IX. Staff Comments

### A. Upcoming Meetings and Events

Staff Liaison Vetter gave the following updates:

- The golf course is set to open March 25, 2024, weather dependent.
- The Grandview Yard (old Public Works site) is a three-piece-stacked project from the south to the north. The south was an age-restricted cooperative, otherwise known as senior housing. The center portion was to become a restaurant. The northern portion was to become a green space/park. The senior housing portion has withdrawn their proposal and now the project is on pause.
- A Master Plan was approved for Strachauer Park. The playground survey has already gone out.
- The upcoming Parks and Recreation Commission meetings in April and in May will be on Monday evenings at 7 p.m. There is also a Special Joint Work Session meeting with the City Council on May 21, 2024, at 5:30 p.m. This is recommended, but attendance is not required, for the Special Work Session. The June meeting will be on a Tuesday, there is no July meeting and the August meeting will be on a Monday.

## X. Adjournment

**Motion made by Spanhake to adjourn the March 12, 2024, meeting at 8:47 p.m. Motion seconded by Weaver. Meeting adjourned.**



## CITY OF EDINA

4801 West 50th Street

Edina, MN 55424

[www.edinamn.gov](http://www.edinamn.gov)

**Date:** April 8, 2024

**Agenda Item #:** V.A.

**To:** Parks and Recreation Commission

**Item Type:**

Other

**From:** Perry Vetter, Parks & Recreation Director

**Item Activity:**

**Subject:** Welcome new member to the Parks and Recreation  
Commission

Information

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### ACTION REQUESTED:

Welcome newly appointed members to the Parks and Recreation Commission.

### INTRODUCTION:

On Tuesday, February 20, 2024, the Edina City Council appointed Park & Recreation Commissioners. Welcome to Chris Garazatua to the commission and for your commitment to volunteering in this role.



## CITY OF EDINA

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Edina, MN 55424

[www.edinamn.gov](http://www.edinamn.gov)

**Date:** April 8, 2024

**Agenda Item #:** V.B.

**To:** Parks and Recreation Commission

**Item Type:**

Other

**From:** Tracy Petersen, Assistant Director-Recreation & Facilities

**Item Activity:**

**Subject:** Introduction of Braemar Arena & Field General Manager

Information

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### ACTION REQUESTED:

None, informational only.

### INTRODUCTION:

Jesse Buchholz will be present to introduce himself as the new General Manager of Braemar Arena & Field.

Jesse was most recently the Ice Arena Manager in Janesville, WI at the Janesville Ice Arena, home of the Janesville Jets of the NAHL. Prior to working in Janesville, he worked as the Director of Scheduling for the Ice Den Scottsdale, AZ and Ice Den Chandler, AZ as well as serving as Program and Operations Coordinator at the Peaks Ice Arena in Provo City, UT. Jesse holds certifications as a Certified Rink Manager through the United State Rink Association and as a Level 4 Hockey Coach through USA Hockey.



## CITY OF EDINA

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**Date:** April 8, 2024

**Agenda Item #:** VII.A.

**To:** Parks and Recreation Commission

**Item Type:**

Report and Recommendation

**From:** Tracy Petersen, Assistant Director-Recreation & Facilities

**Item Activity:**

**Subject:** Senior Center Update

Information

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### ACTION REQUESTED:

None, informational only.

### INTRODUCTION:

Recreation Supervisor, Nicole Gorman, will provide an update on Senior Center programs and activities.

### ATTACHMENTS:

Senior Center Presentation 2024

Times Newsletter January 2023



The CITY of  
**EDINA**

# Edina Senior Center Parks & Recreation Commission Presentation

Nicole Gorman – Recreation Supervisor

April 8, 2024

# Edina Senior Center



The CITY of  
**EDINA**

- Nine programmable spaces, one shuffleboard table, one aquarium
- Six staff members (1 FT, 5 PT)
- $\approx$  18,000 sq. ft. of indoor space
- Condo Association Member in Partnership with Hennepin County and the Edina Library



# 2023 Center Facts

- 200 educational programs offered
- 40 fitness classes
- 25 ongoing activities/social groups
- 14-day trips offered
- Four health services offered



The CITY of  
**EDINA**





# Most Popular Programs

- ACBL Bridge Games
- Day Trips
- Edina Singing Seniors Choir
- Educational/History Offerings
- Fitness Offerings
- Single Mingle Club



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# Facility Use



The CITY of  
**EDINA**

- Senior Center programming held Monday-Friday, 8 a.m.-4:30 p.m.
- Parks and Recreation programming held Monday-Thursday evenings; Saturday mornings including:
  - ~ Music Together
  - ~ Mini Movers Dance
  - ~ Go Gymnastics
- Edina Art Center satellite classes



# Facility Rentals



The CITY of  
**EDINA**

- Ongoing rentals:
  - ~ ACBL Bridge Evening Game
  - ~ Acting Class
  - ~ Grace Bible Church
  - ~ Sparkling Feet
  - ~ Generations Parenting Support
  - ~ Greater Twin Cities Youth Symphony
- 2023 rental revenue ≈ \$40,000



# Looking Forward into 2024



The CITY of  
**EDINA**

- New Programs
  - ~ Assistive Technology Fair
  - ~ Health Screening Event
  - ~ Bling It On! Accessory Swap (community event)
  - ~ AI Series
  - ~ Partnership programs with outside organizations (Edina Community Education, Edina Library and Senior Community Services):
    - ~ Documentary Series
    - ~ Jigsaw Puzzle Events
    - ~ Free Tech Help



## Beat the Winter Blues

Let's get together and explore ways to help us through the dark, cold months of the year. We will discuss strategies and ideas for mid-winter pick-me-ups and enjoy a treat.

**Date/Time:** Thursday, Jan. 19; 1 p.m.

**Cost:** Free

**Location:** Classroom 2

**Register By:** Jan. 17, or before full

### Shuffleboard Table Lessons

Come learn the game of shuffleboard with Senior Center staff.

**Date/Time:** Thursday, Jan. 12, or  
Thursday, Jan. 26; 10 a.m.

**Location:** Lobby

### Indoor Nordic Pole Walking

Beat the winter blues and change up your walking routine and learn about Nordic poles. Participants will be introduced to basic techniques of walking with poles. Nordic walking poles will be provided for use during class. Instructor: Donna Tilsner.

**Date/Time:** Tuesday, Jan. 17; 10 a.m.

**Cost:** \$5

**Location:** Southdale Center, meet at the food court

**Register By:** Jan. 13, or before full

### The Great Edina Bake Off

On your mark. Get set. BAKE! Welcome to the ultimate baking battle where passionate amateur bakers compete to be crowned Edina's Best Amateur Baker. Enter as an individual or as a family team. Contestants will make their way through three themed at-home challenges. The contest culminates on Valentine's Day with in-person judging. Get your aprons ready and join your community for some fun! This offering is brought to you through a partnership with Edina Community Education.

**Date/Time:** *At-Home Challenges (on your own):*  
Tuesdays Jan. 17-Feb. 7

*In-Person Event:* Tuesday, Feb. 14; 6-8 p.m.

**Cost:** \$25/Team

**Location:** Edina Community Center, Room 348,  
5701 Normandale Road

**Register By:** Jan. 13, or before full

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## How to Register for Programs

For programs in this guide, register online by clicking the Activity Registration button at **EdinaSeniorCenter.com** or by calling us at 952-833-9570.



Register online for Edina Art classes offered at the Edina Senior Center at **EdinaParks.com** or by calling 952-903-5780.



Register for Edina Community Education classes at **edina.ce.eleyo.com** or by calling 952-848-3952.

Welcome to 2023! How are you faring this winter so far? It's a great time for a self-check-in to be aware of those things that can creep up without notice. The winters get long if you are not an outdoor enthusiast, so it's a good time to find some things to help make it more enjoyable. This month, the Senior Center is focusing on "Beating the Winter Blues." Check out our newsletter for some great ideas!

It's also a great time for humor, which releases endorphins that help us feel happier, experience less pain and have better ability to cope with stress. Here are some funnies to get you started. You can also find comedy on cable or YouTube to keep the laughter going.

- What if the hokey pokey is what it's all about?
- Humans are 80% water. We are cucumbers with complicated emotions.
- Where do you take someone who was injured in a Peek-A Boo accident? To the ICU.
- One minute you feel young. The next minute you are turning down your car stereo to see better.
- Day 12 without chocolate. I lost my hearing in my left eye.

Enjoy your January. We hope to see you in the New Year!

Angie



**The Edina Senior Center provides recreational, educational, health and wellness, trips, special events and ongoing activities for those 55 and older. The Center offers something for everyone!**

5280 Grandview Square, Suite 101 Edina, MN 55436  
952-833-9570 • [EdinaSeniorCenter.com](http://EdinaSeniorCenter.com)  
Hours: Monday-Friday, 8 a.m.-4:30 p.m.



## Staff

Bill Bresin,  
Guest Services

Angie Fern,  
Program Coordinator

Nicole Gorman,  
Recreation Supervisor

Phyllis Gwiazdon,  
Facility Coordinator

Joe Voltaggio,  
Guest Services

## Office Volunteers

Karen Winklemann  
Noreen Decker  
Ceil Smith

## Advertising

To advertise in *The Times*, contact Alice Tank, 612-308-6982.

## Registration

Register online or call 952-833-9570.



## Membership

As of 2022, the Edina Senior Center no longer has memberships to the facility. The Edina Senior Center welcomes residents and non-residents who are 55 and older to participate in our programs, classes and activities. While some offerings will remain free, there will be programs, events and activities that will require participants to pay a fee. Staff at the front desk have fielded questions about donating to continue to support the Edina Senior Center. If you are interested in donating to the Senior Center, you can do so by donating to the Senior Center Fund through the Edina Community Foundation. Mail a check with "Senior Center Fund" in the subject line to the Edina Community Foundation, 6750 France Ave. S., Suite 220, Edina, MN 55435 or call the Foundation at 952-300-2378.

## Participant-Led Programs

Interested in sharing your skills or knowledge with the Edina Senior Center community? Now is your chance! If you have a special skill or knowledge about an interesting topic and would like to lead a program, please contact Angie at [afern@EdinaMN.gov](mailto:afern@EdinaMN.gov) or by calling 952-833-9574.

## A Year in Review

2022 was a year of change and growth for the Edina Senior Center. The Center finally started seeing pre-pandemic participation levels return in August. Below are a few highlights from the past year:

- The Center hired three new staff members. Joe and Bill are our evening/weekend part-time Guest Service Attendants and Angie started as our part-time Program Coordinator in June.
- We celebrated our 20th year at the Grandview Square location.
- The Center hosted Parks & Recreation programming after hours, including youth dance classes, gymnastics, music and art classes.
- Through the generosity of one of our volunteers, Ceil Smith, the Center received a shuffleboard table. Lessons will be offered this month!
- The lobby received a few updates with new furniture and artwork.

## Community

### Edina Library

5280 Grandview Square  
[www.Hclib.org](http://www.Hclib.org)  
612-543-6325

#### Hours

Sunday: Noon-5 p.m.  
Monday-Wednesday: Noon-8 p.m.  
Thursday-Saturday: 9 a.m.-5 p.m.



## TED Talk & Discussion

TED Talks are short, influential videos from expert speakers on health, education, business, science and creativity. Join us each month for a new topic to watch and then discuss.

In January, we will feature "Stroke of Insight" by Jill Bolte Taylor with an open discussion after the video.

**Date/Time:** Thursday, Jan. 12; 1:30 p.m.

**Cost:** Free

**Location:** Sherwood Room

**Register By:** Jan. 6, or before full

In February, we will feature "How to Practice Emotional First Aid" by Guy Winch with an open discussion after the video.

**Date/Time:** Tuesday, Feb. 14; 1:30 p.m.

**Cost:** Free

**Location:** Sherwood Room

**Register By:** Feb. 10, or before full

## Martin Luther King Jr. Day History Program

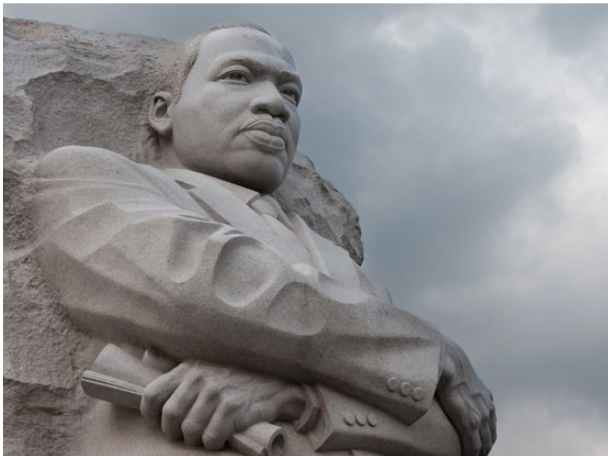
Dr. Martin Luther King Jr. was a major force in the American civil rights movement. He organized peaceful protests, spoke inspiring words and earned worldwide recognition as the youngest person to win a Nobel Peace Prize. Presented by Frank Sachs, speaker and historian.

**Date/Time:** Wednesday, Jan. 10; 10-11:15 a.m.

**Cost:** \$10

**Location:** Classroom 2

**Register By:** Jan. 10, or before full



## Cosmetics for Aging Skin

Melanie Manion will discuss the three building blocks of a good skin care regime and educate on what certain skin care products can and can't do. She will also educate on popular skin care procedures that are buzzwords in social media such as micro needling, hydra facials and laser facials.

**Date/Time:** Tuesday, Jan. 17; 1:30 p.m.

**Cost:** Free

**Location:** Classroom 2

**Register By:** Jan. 15, or before full

## Virtual Reality Program

We will provide a brief presentation on virtual reality followed by a demonstration. Our "hands-on" demonstration will have two unique experience options. The first option will be challenging balance and the second is challenging reaction time. We plan to have a VR developer with us to gather feedback about the experience. Presented by Stan Swanson, owner of Functional Living.

**Date/Time:** Thursday, Jan. 19; 10 a.m.

**Cost:** Free

**Location:** Classroom 2

**Register By:** Jan. 17, or before full



## Learn to Play Sudoku

Join us for a lesson on how to play Sudoku and receive a free Sudoku book.

**Date/Time:** Friday, Jan. 20; 10 a.m.

**Cost:** Free

**Location:** Aquarium Room

**Register By:** Jan. 18, or before full



## Relaxing Chair Massage with Marty Chiropractic

Dr. Megan Wall from Marty Chiropractic will offer chair massages! Treat yourself to a complimentary 10-minute chair massage. Appointments are required and space is limited.

**Date/Time:** Monday, Jan. 23; Noon-2 p.m.

**Cost:** Free

**Location:** Classroom 2

**Register By:** Jan. 19, or before full

## Tech Office Hours – Digital Navigation

Minnesota Care Partners is a social justice-based agency that provides technology assistance services to the community free of charge. Appointments are 30 minutes long and they can assist with such things as setting up a cell phone or email account, internet basics, downloading files, using Zoom and more. They can help on most devices, except Mac computers. Registration is required.

**Date/Time:** Monday, Jan. 23 or 30; Half-hour appointment times between 1:30 and 3:30 p.m.

**Cost:** Free

**Location:** Aquarium Room

**Register By:** Jan. 20 or 27, or before full

## The Milkman, the Modern Way: Building a Startup from the Ground Up

Join Angie Eggerichs, head of marketing at Buncha, and learn about the evolution of the milkman and how the model of the past influenced the creation of Buncha and its business model today. She'll take you through the journey of three University of Minnesota students and the trials and triumphs they have faced while building a grocery delivery service right here in Minneapolis. From investors to funding rounds, to app creation and more, she will cover it all.

**Date/Time:** Tuesday, Jan. 24; 10:30 a.m.

**Cost:** Free

**Location:** Classroom 2

**Register By:** Jan. 23, or before full

## Flower Arrangement Class

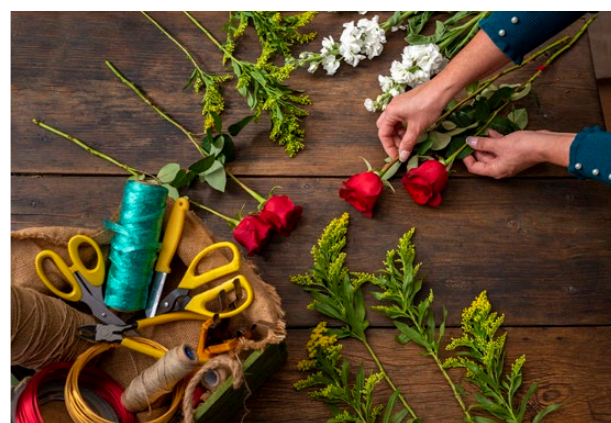
Take a break from winter to enjoy some fresh flowers with Sharon Witt who will share her wisdom from many years of flower arranging. You will learn basics and make an arrangement to take home with you. All materials are provided.

**Date/Time:** Tuesday, Jan. 24; 1:30 p.m.

**Cost:** \$5

**Location:** Classroom 2

**Register By:** Jan. 22, or before full



## Understanding Alzheimer's & Dementia

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, stages and risk factors, current research and treatments available for some symptoms and Alzheimer's Association resources. Presented by the Alzheimer's Association.

**Date/Time:** Thursday, Jan. 26; 11 a.m.

**Cost:** Free

**Location:** Classroom 2

**Register By:** Jan. 24, or before full

## Benefits of Acupuncture

The presentation will cover a basic introduction to acupuncture, including what it is and how it affects the body to treat a variety of different conditions. Common conditions that acupuncture can help with will be discussed, as well as other forms of treatment a patient might receive in an acupuncture session. Video demonstrations will be shown. Presented by Acupuncture Health Center.

**Date/Time:** Thursday, Jan. 26; 1:30 p.m.

**Cost:** Free

**Location:** Classroom 2

**Register By:** Jan. 24, or before full

## 10 Warning Signs

Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process and Alzheimer's Association resources. Presented by the Alzheimer's Association.

**Date/Time:** Tuesday, Feb. 7; 2 p.m.

**Cost:** Free

**Location:** Classroom 2

**Register By:** Feb. 3, or before full

## British History Series

Instructor Terry Kubista will provide insight into various British history topics.

### Royal Upstairs/Downstairs

Victoria's diaries and other firsthand accounts reveal the extraordinary food, décor and garden preparations that were undertaken for "The Queen's Visit."

**Date/Time:** Wednesday, Jan. 18; 10 a.m.-noon

**Cost:** \$10

**Location:** Classroom 2

**Register By:** Jan. 17, or before full

### The Clans

We've heard the terms "Jacobite" and "Bonnie Prince Charlie" but who or what were they? What part did they contribute to Scotland's Heritage?

**Date/Time:** Wednesday, March 15; 10 a.m.-noon

**Cost:** \$10

**Location:** Classroom 2

**Register By:** March 13, or before full



## Lunch & Learn Series

You are invited to join us for a delicious complimentary lunch and hear presentations from dynamic community organizations on a wide variety of topics.

### Funeral Pre-Planning Seminar

Join us for an informational seminar on pre-planning your funeral or cremation with the Cremation Society of Minnesota. Serving the Twin Cities metropolitan area and greater Minnesota for more than 60 years, the Cremation Society of Minnesota is Minnesota's largest provider of cremation services. With four funeral chapels in the Twin Cities metropolitan area and a fifth in Duluth, the Cremation Society of Minnesota provides options for both burial and cremation services. Each of their five locations has facilities for funeral or memorial services, as well as community rooms for fellowship. During our time together, you will learn how to become a member with the Cremation Society of Minnesota and understand the benefits of membership and pre-payment for future services. Lunch will be served to participants following the seminar.

**Date/Time:** Tuesday, Jan. 31; 11 a.m.

**Cost:** Free

**Location:** Classroom 2

**Register By:** Jan. 24, or before full

### Staying at Home Instead

Discover ways to make your house more accessible, learn about home maintenance and housekeeping assistance and how to receive home care when you need it. Get all your questions answered by experts. Lunch and presentation provided by Senior Communities Guide.

**Date/Time:** Tuesday, Feb. 7; 11 a.m.

**Cost:** Free

**Location:** Classroom 2

**Register By:** Feb. 2, or before full



## REEL Justice: American Justice in Film

View the film on your own, then join Frank Sachs in the classroom to discuss themes, thoughts and the portrayal of justice. Register for each film individually; sessions and films are listed below. Viewing fees are the responsibility of the participant. Details of how the REEL Justice Movie of the Month Club works will be sent out ahead of time.

### Session 1: 12 Angry Men (1957)

Criminal case – Jury deliberations for a first-degree murder trial

**Date/Time:** Tuesday, Feb. 21; 1-2:30 p.m.

**Cost:** \$20

**Location:** Classroom 2

**Register By:** Feb. 1, or before full

### Session 2: The Verdict (1982)

Civil case – Suit for medical malpractice for causing brain death

**Date/Time:** Tuesday, March 21; 1-2:30 p.m.

**Cost:** \$20

**Location:** Classroom 2

**Register By:** March 1, or before full

### Session 3: A Few Good Men (1992)

Military justice – Accidental homicide results in murder trial

**Date/Time:** Tuesday, April 18; 1-2:30 p.m.

**Cost:** \$20

**Location:** Classroom 2

**Register By:** April 3, or before full

### Session 4: Philadelphia (1993)

Civil case – Suit for workplace prejudice during the AIDS epidemic

**Date/Time:** Tuesday, May 16; 1-2:30 p.m.

**Cost:** \$20

**Location:** Classroom 2

**Register By:** May 1, or before full

# Looking for a Vibrant Faith Based Community?



[glennseniorliving.com](http://glennseniorliving.com)

## CALL TO REQUEST AN INFO PACKET



**THE GLENN**  
CATHOLIC SENIOR COMMUNITIES, INC.

Hopkins  
Minnetonka  
Buffalo

952-522-4716  
952-522-4763  
763-452-9412





## Join A Trip!

### Current Trip Offerings:

#### The Museum of Russian Art & Moscow on the Hill

**Activity Level:** ★★

**Date:** Wednesday, Feb. 15

**Leave Edinborough Park:** 9:45 a.m.

**Estimated Return to Edinborough Park:** 2:30 p.m.

**Cost:** \$82

**Register By:** Jan. 17, or before full

Take a guided tour of The Museum of Russian Art as it celebrates its 20th year anniversary with a special exhibition showcasing the Museum's diverse and rich collections. The mission of the museum is to conduct a continuous program of public exhibitions of Russian art while supporting and publishing academic research on Russian painting during the Soviet era. Following the tour, visit the gift shop before heading to lunch. Enjoy a family style meal at Moscow On The Hill. Menu includes Russian garden salad with dill mustard dressing, Moscow fries, Khachapuri-Gergian cheese bread, Pelmeni-meat dumplings, Pushki-traditional honey-chocolate cake and a beverage.

#### Sheldon Theater 'Bobby Vandell and Colleen Raye'

**Activity Level:** ★

**Date:** Friday, March 24

**Leave Edinborough Park:** 10 a.m.

**Estimated Return to Edinborough Park:** 4:30 p.m.

**Cost:** \$92

**Register By:** Feb. 17, or before full

Enjoy lunch at the St. James Hotel in Red Wing. Menu includes Tuscan chicken served with Chef's choice of starch and vegetable, fresh roll, cookie and coffee. Following lunch, head to Sheldon Theater to take in a matinee performance of "Great Country Duets and Hits – Bobby Vandell and Colleen Raye."

### Trip Registration Policy

- Pre-registration is required for all trips. Register online or by calling 952-833-9570.
- Payment is due at the time of registration.
- NO REFUNDS 10 days prior to the trip unless the spot is resold.

### Activity Level Scale

This scale is an approximate guide of the activity level and physical ability required for a trip.

- ★- Passive
- ★★- Moderate
- ★★★- Active

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Visit [EdinaSeniorCenter.com](http://EdinaSeniorCenter.com) for more information! Click the "Activity Registration" button at [EdinaSeniorCenter.com](http://EdinaSeniorCenter.com) or call 952-833-9570 to register.

Monday	Tuesday	Wednesday	Thursday	Friday
2  <b>Center Closed</b> <b>New Year's</b> <b>Holiday Observed</b>	3  8 a.m. Women's Pool 9 a.m. Duplicate Bridge 9 a.m. Sheephead 10 a.m. Gentle Yoga 1 p.m. Pinochle 1 p.m. Ponytail Canasta 1 p.m. Pool Tournament	4  8 a.m. Billiards Open Play 9:30 a.m. Hatha Yoga 11 a.m. Mahjongg Open Play 11:45 a.m. ACBL Bridge	5  8 a.m. Women's Pool 10 a.m. Modern American Canasta 1 p.m. Caregiver Support Group 1 p.m. Pool Tournament 1 p.m. Scrabble 5-9 p.m. MHSRC 4-Hour Driving Course	6  8 a.m. Billiards Open Play 9 a.m. Mexican Train Dominoes 9 a.m. Party Bridge 9 a.m.-3 p.m. Podiatrist 11:30 a.m. Poker Noon Mahjongg Open Play 12:45 p.m. ACBL Bridge
9  8 a.m. Billiards Open Play 10 a.m. Edina Singing Seniors 11:45 a.m. ACBL Bridge 12:45 p.m. 500 1 p.m. T'ai Chi Chuan	10  8 a.m. Women's Pool 9 a.m. Duplicate Bridge 9 a.m. Sheephead 10 a.m. Gentle Yoga 11:30 a.m.-2 p.m. Health Insurance Counseling 1 p.m. Intermediate Bridge Class 1 p.m. Pinochle 1 p.m. Ponytail Canasta 1 p.m. Pool Tournament	11  8 a.m. Billiards Open Play 9:30 a.m. Hatha Yoga 11 a.m. Mahjongg Open Play 11:45 a.m. ACBL Bridge	12  8 a.m. Women's Pool 10 a.m. Modern American Canasta 10 a.m. Shuffleboard Lesson 1 p.m. Pool Tournament 1 p.m. Scrabble 1:30 p.m. TED Talk 5 p.m. AARP Smart Driving	13  8 a.m. Billiards Open Play 9 a.m. Mexican Train Dominoes 9 a.m. Party Bridge 11:30 a.m. Poker Noon Mahjongg Open Play 12:45 p.m. ACBL Bridge 1 p.m. Martin Luther King Jr. Day History Program
16  <b>Center Closed</b> <b>Martin Luther King Jr. Day</b>	17  8 a.m. Women's Pool 9 a.m. Duplicate Bridge 9 a.m. Sheephead 10 a.m. Gentle Yoga 10 a.m. Indoor Nordic Walking* 12:30 p.m. Tuesday Book Club 1 p.m. Intermediate Bridge Class 1 p.m. Pinochle 1 p.m. Ponytail Canasta 1:30 p.m. Cosmetics for Aging Skin	18  8 a.m. Billiards Open Play 9:30 a.m. Hatha Yoga 10 a.m. British History: Royal Upstairs/Downstairs 11 a.m. Mahjongg Open Play 11:45 a.m. ACBL Bridge	19  8 a.m. Women's Pool 9 a.m. Strength in Balance Class Demo 10 a.m. Modern American Canasta 10 a.m. Mystery Book Club 10 a.m. Virtual Reality 1 p.m. Beat the Winter Blues 1 p.m. Pool Tournament 1 p.m. Scrabble	20  8 a.m. Billiards Open Play 9 a.m. Mexican Train Dominoes 9 a.m. Party Bridge 10 a.m. Learn to Play Sudoku 11:30 a.m. Poker Noon Mahjongg Open Play 12:45 p.m. ACBL Bridge
23  8 a.m. Billiards Open Play 10 a.m. Edina Singing Seniors 11:45 a.m. ACBL Bridge Noon-2 p.m. Chair Massage Appointments 12:45 p.m. 500 1 p.m. T'ai Chi Chuan	24  8 a.m. Women's Pool 9 a.m. Duplicate Bridge 9 a.m. Sheephead 10 a.m. Gentle Yoga 10:30 a.m. The Milkman 1 p.m. Intermediate Bridge Class 1 p.m. Pinochle 1 p.m. Ponytail Canasta 1:30 p.m. Flower Arrangement Class	25  8 a.m. Billiards Open Play 9:30 a.m. Hatha Yoga 11 a.m. Mahjongg Open Play 11:45 a.m. ACBL Bridge	26  8 a.m. Women's Pool 10 a.m. Modern American Canasta 10 a.m. Shuffleboard Lesson 11 a.m. Understanding Alzheimer's & Dementia 1 p.m. Pool Tournament 1 p.m. Scrabble 1:30 p.m. Benefits of Acupuncture	27  8 a.m. Billiards Open Play 9 a.m. Mexican Train Dominoes 9 a.m. Party Bridge 9 a.m.-3 p.m. Podiatrist 11:30 a.m. Poker Noon Mahjongg Open Play 12:45 p.m. ACBL Bridge
30  8 a.m. Billiards Open Play 10 a.m. Edina Singing Seniors 11:45 a.m. ACBL Bridge 12:45 p.m. 500 1 p.m. T'ai Chi Chuan	31  8 a.m. Women's Pool 9 a.m. Duplicate Bridge 9 a.m. Sheephead 11 a.m. Lunch & Learn: Funeral Pre-Planning 1 p.m. Intermediate Bridge Class 1 p.m. Pinochle 1 p.m. Ponytail Canasta		  <i>*Virtual or off-site program</i>	

### Intermediate Bridge

If you've ever wondered what your friends meant when they say they are "off to bridge," this course will help you understand. Bridge is not like any other card game. It will teach you to pay attention, wake up your mind and build skills you never knew you had. The course teaches how to count a hand and evaluate your chances to successfully make a game. Learn how to communicate with your partner (learn the same language). In addition to bidding successfully, you will learn to play the hand. An additional material cost of \$20 will be due to the instructor on the first day of class. Instructor: Tony Ames

**Date/Time:** Tuesdays Jan. 10-Feb. 28; 1-2:30 p.m.

**Cost:** \$100

**Location:** Classroom 2

**Register By:** Jan. 5, or before full



## Mount Olivet Careview Home Mount Olivet Day Services



### Mount Olivet Home

Enhanced assisted living for seniors with 24/7 on-site nursing guaranteed

### Mount Olivet Careview Home

Transitional care, long term care, memory care  
5517 Lyndale Avenue South, Minneapolis, MN 55419

**For Information: 612-827-5677**

### Mount Olivet Day Services

Adult day program offered Monday through Friday  
5601 Lyndale Avenue South, Minneapolis, MN 55419

**For Information: 612-861-3305**

[www.mtolivethomes.org](http://www.mtolivethomes.org)





## Gentle Yoga Classes

Join us for one of the two class options for Gentle Yoga. Classes offer a series of beginning yoga warm-up exercises and poses, along with easy meditation and relaxation practices that reduce tension and stress. Bring a mat.

**Instructor:** Wendy Anderson

**Location:** Grandview Room

**Option 1:** Half-Class – Gentle Standing and Chair Yoga (No floor exercises)

**Date/Time:** Tuesdays Jan. 3-24 & March 14-28 (No class Jan. 31-March 7); 10-10:45 a.m.

**Cost:** \$63

**Option 2:** Full Class – Gentle Yoga (Includes floor exercises)

**Date/Time:** Tuesdays Jan. 3-24 & March 14-28 (No class Jan. 31-March 7); 10-11:15 a.m.

**Cost:** \$84

## Hatha Yoga for Life

Beginners are welcome. Practice a wide variety of warmups and poses, improving flexibility, strength, balance, range of motion and reducing stress. Work at your own level in this supportive class. This is a relaxed style, appropriate for most. Bring a mat. Instructor: Wendy Anderson

**Date/Time:** Wednesdays Jan. 4-25 & March 8-29 (No class Feb. 1-March 1); 9:30 - 10:55 a.m.

**Cost:** \$112

**Location:** Grandview Room

## The ABCs of T'ai Chi Chuan

Together we'll practice a gentle yet effective head-to-toe warm-up; simple Qigong exercises to stimulate the flow of energy; a restorative meditation done standing or sitting; and a slow-moving sequence of classical postures that promote balance, ease of movement, circulation and strength. Instructor: Spencer Chandler

**Date/Time:** Mondays, Jan. 9, 23 & 30; 1-2 p.m.

**Cost:** \$15/session or drop-in rate of \$5 per class

**Location:** Grandview Room

## Strength in Balance Class

This class is comprised of low-intensity workouts designed to help improve stability and flexibility and create a strong core to increase balance ability. The class uses weights, resistance bands and a variety of strength exercises. This class aims at improving stability and creating better posture. Instructor: Tracy Mindiola

### Class Demo

**Date/Time:** Thursday, Jan. 19; 9 a.m.

**Cost:** \$5

**Location:** Grandview Room

### Session 1

**Date/Time:** Thursdays Feb. 2-23; 9 a.m.

**Cost:** \$36/session

**Location:** Grandview Room

## Functional Fitness

This chair class will get you moving with a variety of fun and effective movements. We will focus on balance, alignment, strength, flexibility and some good stretching of your body. Some movements will directly target the joints to keep them limber and loose! In addition, participants will learn purposeful breathing to promote mind-body connection and calmness. There will be occasional use of light hand weights, balls, bands and blocks. You will not need to get down to the floor in this class! Please wear comfortable clothes and bring water! Instructor: Susan Schrader

### Class Demo

**Date/Time:** Tuesday, Jan. 17; 2 p.m.

**Cost:** \$9

**Location:** Grandview Room

**Date/Time:** Tuesdays Jan. 31-Feb. 28; 2-2:45 p.m.

**Cost:** \$45 or drop-in rate of \$9 per class

**Location:** Grandview Room

**Register By:** Jan. 26, or before full

*Rooms subject to change depending on facility programming needs.*

## Card Groups



### ACBL Bridge

Mondays; 11:45 a.m., Classrooms 3 & 4  
Fridays; 12:45 p.m., Classrooms 3 & 4  
Tony Ames, 952-200-3871

Wednesdays; 11:45 a.m., Classroom 3 & 4  
Scott Smith, 612-845-8090

### 500

Mondays; 12:45 p.m., Sherwood Room

### Chat Bridge

Tuesdays; 12:15-3 p.m., Classroom 3

### Duplicate Bridge

Tuesdays; 9 a.m., Classroom 3

### Party Bridge

Fridays; 9 a.m.-noon, Classroom 3

### Pinochle

*\*More players needed*

Tuesdays; 1-3 p.m., Classroom 4

### Modern American Canasta

Thursdays; 10 a.m.-noon, Sherwood Room

### Ponytail Canasta

*\*More players needed!*

Tuesdays; 1-4 p.m., Sherwood Room

### Poker

Fridays; 11:30 a.m.-2 p.m., Fireside Room

### Sheepshead

Tuesdays; 9-11 a.m., Fireside Room

## Social Groups/Games

### Mahjongg Open Play

The Senior Center has limited Mahjongg sets available. Please bring a set from home if you have one.

Wednesdays; 11 a.m.-3 p.m.

Fridays; Noon-3 p.m.

Sherwood Room

### Mexican Train Dominoes

Fridays; 9-11:30 a.m., Classroom 2

### Scrabble

Thursdays; 1-3 p.m., Classroom 4

### Backgammon Interest

There are a few people interested in playing Backgammon at the Senior Center. If you are interested in starting a Backgammon group, please contact Angie or Nicole or email [seniorcenter@EdinaMN.gov](mailto:seniorcenter@EdinaMN.gov).

### Edina Poetry Club

The Edina Poetry Club will feature poets Anne Piper and Tim Nolan in February.

Piper lives in St. Paul where one of her poems is stamped into sidewalks. She has master's degrees from Hamline University and St. Mary's University. She provides quality improvement services for homes of people who have disabilities. Her poems have appeared in *Water~Stone*, *Poetry East*, *Black Warrior Review*, *Sleet*, *The New York Quarterly* and other journals.

Nolan is an attorney in private practice in Minneapolis. His poems have appeared in poetry journals, including *The Gettysburg Review*, *The Nation*, *Ploughshares* and *The Writer's Almanac*. His three collections — *The Sound of It*, *And Then*, and *The Field* — have been published by New Rivers Press. He is the host of the series Readings by Writers at the University Club in St. Paul.

**Date/Time:** Wednesday, Feb. 8; 10 a.m.

**Cost:** Free

**Location:** Classroom 2

### Edina Singing Seniors

The Edina Singing Seniors is a group of 45 seniors sharing a common love of music and the desire to share music with others. This group rehearses at the Edina Senior Center 10 a.m. Mondays. Visit [edinasingseniors.com](http://edinasingseniors.com) for updates and more information.

## Pool Room

**Open Play:** Mondays, Wednesdays and Fridays;  
8-11 a.m.

**Tournament Play:** Tuesdays and Thursdays; 1-4 p.m.

**Women's Pool:** Tuesdays and Thursdays; 8-11 a.m.



## Book Clubs

Registration is required for Book Club participation.  
Call 952-833-9570 to reserve your spot.

### Tuesday Book Club

**Date/Time:** Third Tuesday of the month; 12:30 p.m.

**Cost:** Free

**Contact:** Sue Olafson, 952-926-0472



#### JANUARY

*Trust* by  
Hernan Diaz



#### FEBRUARY

*Dragon's  
Teeth* by  
Upton Sinclair



#### MARCH

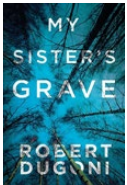
*The Great  
Alone* by  
Kristin Hannah

### Mystery Book Club

**Date/Time:** Third Thursday of the month; 10 a.m.

**Cost:** Free

**Contact:** Sandra McCalvy, 952-922-8991



#### JANUARY

*My Sister's  
Grave* by  
Robert Dugoni



#### FEBRUARY

*Eight Perfect  
Murders* by  
Peter Swanson



#### MARCH

*Coffin Road*  
by Peter May

## Single Mingle Club

### Happy Hours

Please contact Marilyn Zimmerman at 952-855-3465 or to receive information on Single Mingle Happy Hours.

### Walks

10 a.m. Fridays

Meet at Braemar Arena, 7501 Ikola Way. Walk indoors with lunch to follow at TJ's, 7100 Amundson Ave. (approximately 10:45-11 a.m.) Please contact Colleen DeVries at cmd@minter.net to be added to her contact list for walks.

### Dances

Schedule will be announced at Single Mingle Happy Hours.



## Health Services

### Podiatrist

Dr. Richard Picha and his son, Patrick, will offer foot care appointments Fridays Jan. 6 and 27. Appointments are required and will run every 20 minutes from 9 a.m. to 3 p.m. Call 952-833-9570 to schedule an appointment. Fee is \$23.

### Caregiver Support Group

Caregiver Support Group meets the first Thursday of the month from 1 to 2:30 p.m.

### Social Worker

Social Worker Krystal Wiebusch is available for pre-scheduled phone, Zoom or FaceTime appointments every Thursday. Contact Krystal directly to schedule an appointment by calling 952-767-7899 or sending an email to k.wiebusch@seniorcommunity.org. Krystal is a great resource to seniors facing personal challenges or to a person of any age caring for a friend or relative with physical or cognitive decline. In-person meetings will be considered on a case-by-case basis to ensure safety.

### Senior LinkAge Line Health Insurance Counseling Appointments

In-person health insurance counseling for Medicare Open Enrollment will be offered the second Tuesday of every month with appointment times at 11:30 a.m., 12:45 p.m. and 2 p.m.

Senior LinkAge Line also offers one-on-one appointments to help older adults navigate the often-complex process of enrolling in Medicare or supplemental health insurance policies. Currently, Senior LinkAge Line offers health insurance counseling phone appointments. You can schedule your own Medicare health insurance counseling appointment at [trellisconnects.org/get-help/medicare/](https://trellisconnects.org/get-help/medicare/). Select a date and time that work best for you and be sure to bring your questions!

## The Home Stretch

*(Replacing Tai Chi at Home class)*

Instructor Spencer Chandler offers an easy-to-follow "home stretch" session, drawing from the principles of Tai chi and Alexander Technique, with an emphasis on restoration, ease of movement and balance. A gentle rhythm of stretching, breathing, Qigong and basic Tai chi for self-cultivation can be a part of your daily routine. No prior knowledge, skill or equipment are required to participate. Please note the new day and time! Once registered, you will be emailed the link to join the online class.

**Date/Time:** Mondays; 9:05-10 a.m.

**Cost:** Free

## Instant Piano for Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give yourself years of musical enjoyment. Learn to play piano the way professionals do: using chords. Since this class is being held online via Zoom, you will be able to sit at your piano or keyboard at home and take this course with no pressure. This course includes an online book and online follow-up video lessons, so you will be able to continue your practice and study on your own. An optional periodic online question-and-answer session is also included. A recording of the class is included, too. The course is part lecture/demonstration and part hands-on instruction.

**Date/Time:** Monday, Feb. 13; 6:30-9:30 p.m.

**Cost:** \$59

**Register By:** Feb. 9, or before full

## Instant Guitar for Hopelessly Busy People

Have you ever wanted to learn the guitar, but simply find it difficult to find the time? In just a few hours, you can learn enough about playing the guitar to give yourself years of musical enjoyment – and you won't have to take private lessons to do it! This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is being held online via Zoom, you will be able to sit at home with your guitar and take this class without any pressure. This class includes an online book and online follow-up video lessons, so you will be able to continue your practice and study on your own. A recording of the class and an optional periodic online question-and-answer session is included, too. Class is limited to 15 students.

Topics include:

- How chords work in a song
- How to form the three main types of chords
- How to tune your guitar
- Basic strumming patterns
- How to buy a good guitar (things to avoid)
- How to play along with simple tunes

**Date/Time:** Wednesday, Feb. 15; 6:30-9 p.m.

**Cost:** \$59

**Register By:** Feb. 10, or before full

## Senior Resources.Guide

### Easy Way to Search for Home, Health & other Services

We are committed to providing seniors with qualified businesses.

- Home Maintenance
- Home Health Care
- Moving & Clean-out
- Insurance & Medicare
- Legal & Financial
- Real Estate
- Accessible Living
- Legacy & More

[www.SeniorResources.Guide](http://www.SeniorResources.Guide)

Looking for a new community? Search [www.SeniorCommunities.Guide](http://www.SeniorCommunities.Guide)



The following Great Decisions programs are brought to the community through a partnership with the Edina Library and Edina Community Education. The Friends of the Edina Library and Global Minnesota have graciously co-sponsored these programs. Register at [edina.ce.eleyo.com](https://edina.ce.eleyo.com) or by calling **952-848-3952**. These classes are held at the Edina Community Center, Room 348, 5701 Normandale Road.

## 2022 in Review

Our guest will give a wrap-up of the 2022 Great Decisions topics.

**Date/Time:** Monday, Jan. 23; 4-5:30 p.m.

**Cost:** Free; registration required

## Energy Geopolitics

Access to oil and gas has long held an influence over the politics of individual nations and their relations with others. But as more countries move toward sustainable energy and supply chain shortages affect the availability of oil and gas, how will this change the way in which the United States interacts with the outside world?

**Date/Time:** Monday, Feb. 27; 4-5:30 p.m.

**Cost:** Free; registration required

## War Crimes

Russia's invasion of Ukraine has resulted in widespread charges of war crimes and calls for justice. But what exactly are war crimes? Opinions of what constitutes a war crime have evolved, as have ways to identify and punish the perpetrators. How will the war crimes committed in Ukraine be dealt with?

**Date/Time:** Monday, March 27; 4-5:30 p.m.

**Cost:** Free; registration required

## China and the United States

For the past 10 years, the United States and China have been locked in a competition for global influence. One major point of contention is the status of Taiwanese sovereignty, which has become even more relevant recently with the possibility that Russia's invasion of Ukraine may prompt China to take similar action regarding Taiwan. How will the United States engage a China that is increasingly seeking to expand its sphere of influence?

**Date/Time:** Monday, April 24; 4-5:30 p.m.

**Cost:** Free; registration required

## Economic Warfare

Waging economic warfare consists of a variety of measures from implementing sanctions to fomenting labor strikes. Such tools are utilized by states to hinder their enemies, and have been used as far back as the early 19th century in the United States. Since Russia invaded Ukraine in February 2022, economic warfare has been the main means for the West to challenge Russia. How effective will these sanctions be at convincing Russia to cease its war?

**Date/Time:** Monday, May 22; 4-5:30 p.m.

**Cost:** Free; registration required



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## DRIVING

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# Defensive Driving Class Offerings

### AARP Smart Driving Class

This class, taught by certified AARP instructors, uses a workbook, lecture, discussion and videos; there is no test. Upon completion, you will receive a certificate.

#### 4-Hour Refresher Course:

**Date/Time:** Thursday Jan. 12 or Feb. 9; 5-9 p.m.

**Cost:** \$24 AARP members; \$29 non-AARP members

### MHSRC Driving Classes

Taught by Minnesota Highway Safety & Research Center, the class will explore the latest in vehicle technology, changes in laws and review defensive driving principles. Minnesota state law allows a 10 percent reduction on auto insurance premiums each year for three years to individuals completing the course. To register, visit the Minnesota Highway Safety Center website at [www.mnsafetycenter.org](http://www.mnsafetycenter.org) or call 1-888-234-1294. The instructor will collect fees during class. The 8-hour class fee is \$28; the 4-hour class fee is \$24.

#### 4-Hour Refresher Course

This class is for those who have taken the 8-hour course and whose eligibility for a three-year auto insurance discount is expiring.

- Thursday, Jan. 5; 5-9 p.m.





## CITY OF EDINA

4801 West 50th Street

Edina, MN 55424

[www.edinamn.gov](http://www.edinamn.gov)

**Date:** April 8, 2024

**Agenda Item #:** VII.B.

**To:** Parks and Recreation Commission

**Item Type:**

Report and Recommendation

**From:** Tracy Petersen, Assistant Director-Recreation & Facilities

**Item Activity:**

**Subject:** Braemar Ice Arena & Field Facility Update

Information

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### ACTION REQUESTED:

None, informational only.

### INTRODUCTION:

General Manager, Jesse Buchholz and Assistant General Manager, Corey McConnach, will provide an update on programs and operations at Braemar Arena & Field.

### ATTACHMENTS:

Braemar Arena & Field Facility Presentation



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# **Braemar Arena & Field** **Parks and Recreation Commission Presentation**

Jesse Buchholz – General Manager

April 8, 2024

EdinaMN.gov





## Braemar Arena Key Facts

- ≈ 100 Part-Time/Seasonal Staff, 2 Extended Part-Time Staff, 7 Full-Time Staff
- ≈ 500,000 visitors/year
- Three Permanent Ice Sheets, One Seasonal Backyard Ice Rink
- 20 Hockey Tournaments scheduled for 2024
- Braemar Ice Show, Braemar Competition, and Holiday Pops Exhibition figure skating events hosted annually.
- Learn to Skate program offered year-round
- Host of the Da Beauty league (NHL/PRO/NCAA Summer League)
- Host of Breakaway Academy (Hockey Academy)



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# Braemar Arena Main User Groups

## Learn to Skate Program

- 1,158 participants
- Serves ages 3 and up

## Edina Youth Hockey Association

- Over 1,200 players and 80 teams

## Braemar City of Lakes Figure Skating Club

- Around 150 club members

## Edina High School Hockey

- Varsity Boys (2024 MN Class AA State Champs), Varsity Girls (2024 MN Class AA State Champs), JV Girls, JV Boys



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# Braemar Arena Opportunities

- Short-term Equipment Upgrades for Custodial Tasks
- Improvements to West Rink ice depth monitoring for better ice maintenance
- Inventory and Asset Management of all Building Equipment and Systems
- Braemar Arena Renovation/Expansion Project



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# Braemar Arena Renovation/Expansion Project

## What?

- \$45.2 million expansion and renovation project
- Edina voters approved a 19-year, half-percent sales tax increase to fund this project along with investments to Braemar Park and Fred Richards Park

## Why?

- Insufficient ice time to meet the demand of our core Edina User Groups.
- Inadequate parking for events and unsafe drop-off
- Replace aged building equipment and infrastructure that is costly to repair past intended lifecycle, increase accessibility for residents with disabilities, and improve systems to be more energy efficient.

## When?

- In-depth planning has started
- Expect to start no earlier than Spring 2025



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# Braemar Arena Challenges

- Aging equipment that needs frequent repairs
- Warm Winters and the effect on the Backyard Rink
- Implications of the expansion/renovation project on ice availability and determining which groups have ice priority



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## **Braemar Dome Key Facts**

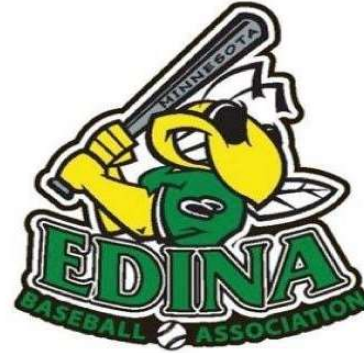
- Full size soccer field, walking track & 3 batting cages
- ≈ 12 Part-Time Staff
- 17 acres of outdoor space
- 100,000 sq. ft. of indoor space
- ≈ 100,000 visitors/year
- Walking Track, Open Dome, Tot Time, Open Soccer, and Drop-In programs



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## Braemar Dome Main User Groups

- Edina Baseball Association
- Edina Football Association
- Edina Soccer Club
- Edina Lacrosse
- Edina Fastpitch
- Edina Ultimate Frisbee



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# Braemar Dome Opportunities

- New Turf Grooming/Cleaning Equipment
- Improvements to Facility Signage
- Emergency Action Plans
- Hennepin County Sports Grant for New Tot Time Equipment



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# Braemar Dome Challenges

- Turf/Stormwater Drainage Issues
- Inclement Weather
- Aging Dome infrastructure useful life needed planning



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# Braemar Arena and Field Upcoming Projects

- Ice Out and Paint Refresh on West Rink
- Spring/Summer Deep Cleaning and Maintenance Projects
- Dome Takedown
- Sport Court Installation on the Backyard Rink
- Ice Out and Paint Refresh on South Rink
- Renovation/Expansion Project



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## CITY OF EDINA

4801 West 50th Street

Edina, MN 55424

[www.edinamn.gov](http://www.edinamn.gov)

**Date:** April 8, 2024

**Agenda Item #:** VII.C.

**To:** Parks and Recreation Commission

**Item Type:**

Report and Recommendation

**From:** Perry Vetter, Parks and Recreation Director

**Item Activity:**

**Subject:** 2024 Commission Work Plan

Discussion

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### ACTION REQUESTED:

Commissioners are asked to discuss and provide any updates to the 2024 Parks and Recreation Commission Work Plan. Commissioner assignments are able to be adjusted based on new member appointments.

### INTRODUCTION:

Attached is the City Council approved 2024 Work Plan for the Parks and Recreation Commission. Again this year all commission and city council work plans and related progress will be posted publicly.

Up to four regular commissioners and unlimited student commissioners can be assigned per initiative.

### ATTACHMENTS:

Commission 2024 Work Plan

Community Garden Presentation

PARC Commission report

2024 Commission Work Plans

Report Created On: Apr 04, 2024

Report Legend    Council Charge    No Update    Overdue

Commission Name 1.6

Parks & Recreation Commission

The Commission participates in park planning, reviews operations of parks and facilities and advises the City Council on policies, parks, programs and facilities.

Plan Label And Number	Description	Initiative Type	Deliverable	Leads	Last Update
Initiative 1.6.1	<p><b>Review and comment on Fred Richards Park Implementation</b></p> <p>In support of the Fred Richards Park master plan implementation efforts assign members to the various stakeholder/focus group input opportunities as needs are identified to bring the community perspective to the process. Potential Areas:</p> <ul style="list-style-type: none"><li>Playground process</li><li>Facility/Food and Beverage Operations</li><li>Public Art</li></ul>	Project	Council Charge 2: Review and comment.	Pfuhl (L), Weaver, Welsh, Pettit, DiLorenzo (S)	Awaiting more feedback on submissions for wetland banking before next steps can be taken.
Initiative 1.6.2	<p><b>Review and Comment on Braemar Park Implementation</b></p> <p>In support of the Braemar Park master plan implementation efforts assign members to the various stakeholder/focus group input opportunities as needs are identified to bring the community perspective to the process. Potential Areas:</p> <ul style="list-style-type: none"><li>Off trail and pedestrian trail system development</li><li>Athletic and active area development</li><li>Natural Resource restoration</li></ul>	Project	Council Charge 2: Review and comment.	Spanhake (L), Luangrath, Garazaua, DiLorenzo (S)	City Council has now authorized trail construction bid results.
Initiative 1.6.3	<p><b>Review and Comment on Braemar Arena Implementation</b></p> <p>In support of the Braemar Park master plan implementation efforts for Braemar Arena assign members to the various stakeholder/focus group input opportunities as needs are identified to bring the community perspective to the process. Potential Areas:</p> <ul style="list-style-type: none"><li>Infrastructure replacement</li><li>TBD if Arena expansion will be in scope</li></ul>	Project	Council Charge 2: Review and comment.	Spanhake (L), Doscotch, Kane, DiLorenzo (S)	Energy audit consultants and owners representative services are onboard and working on RFP documents for Architectural services.

Plan Label And Number	Description	Initiative Type	Deliverable	Leads	Last Update
Initiative 1.6.4	<p><b>Community Garden Study and Report</b></p> <p>In support of the Climate Action Plan Strategy LF 1-2, the commission will study the opportunity and access to Community Gardens within the park system and if applicable the broader Edina community.</p> <p>Climate Action Plan Strategy LF 1-2: Support existing school and community gardens and provide opportunities to expand community growing spaces with a focus on youth, immigrant, and people with lower incomes or who are experiencing food insecurity.</p>	Project	Council Charge 1: Study & Report.	Doscotch (L), Weaver, Welsh, Holtey (S) [OPEN]	Commissioners are coordinating a discussion with representation from the Energy and Environment Commission.
Initiative 1.6.5	<p><b>Review and compare park shelter building amenities and function</b></p> <p>The upcoming capital improvement program identifies several park shelter building replacements. Part 1: The commission will study and report on user experience enhancements, amenities and style of facility approaches that are successful in current Edina parks and surrounding communities to help guide future replacement projects. Part 2: The commission will evaluate Edina Parks that have and those that do not have park buildings and propose criteria for constructing or decommissioning at each site.</p>	Project	Council Charge 1: Study & Report.	Luangrath (L), Pfuhl, Weaver, Welsh	Staff is working on selecting professional services to assist the commission with this item.

# ***Community Garden Study and Report***

Initiative 1.6.4 | Edina Parks & Recreation Commission

# ***Yorktown Community Garden***

## ***Yorktown Community Garden***

Location: Yorktown Park (7335 York Avenue S)

- Produce and flower garden established in 2013
- Remodeled in 2020
- Contains 55 plots that can be reserved



***Yorktown Park Community Garden Usage  
(2022-2024)***

<b>Season</b>	<b>Plot Size</b>	<b>Available</b>	<b>Rented</b>	<b>Waitlist</b>
2022	10' x 10' Plots	15	15	9
2022	10' x 15' Plots	39	39	6
2023	10' x 10' Plots	15	15	7
2023	10' x 15' Plots	39	39	5
2024	10' x 10' Plots	15	15	9
2024	10' x 15' Plots	39	39	10



*Yorktown Community Garden*

# *Lewis Giving Garden*

## ***Lewis Giving Garden***

Location: Lewis Park (7300 Cahill Road)

- Produce garden established in 2020
- Contains eight raised beds
- Managed by a group of volunteers (eight in total)
- Harvested produce is donated to VEAP
- In 2023, 250 pounds of produce were harvested





*Lewis Giving Garden*



# ***Edina Public Schools Gardens***

## ***Edina Public Schools Gardens***

- Normandale Elementary and Concord Elementary both have school gardens currently in operation.
- Cornelia Elementary, Countryside Elementary, and South View Middle have had school gardens in the past. A lack of volunteers for upkeep prevented them from continuing.
- Cornelia Elementary has three small garden beds donated by a local Eagle Scout; these beds will be in operation later this spring.
- South View Middle has a small courtyard and multiple garden beds maintained by the school environmental group. They expressed interest in a larger school garden.
- Countryside Elementary also expressed interest in a school garden.



*Normandale Elementary*



*Concord Elementary*





*South View Middle*

# **Community Garden Locations**





## CITY OF EDINA

4801 West 50th Street

Edina, MN 55424

[www.edinamn.gov](http://www.edinamn.gov)

**Date:** April 8, 2024

**Agenda Item #:** IX.A.

**To:** Parks and Recreation Commission

**Item Type:**

Other

**From:** Perry Vetter, Parks & Recreation Director

**Item Activity:**

**Subject:** Upcoming Meetings and Events

Information

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### **ACTION REQUESTED:**

None, informational only.

### **INTRODUCTION:**

Upcoming meetings and events for 2024 Parks and Recreation Commission activity.

### **ATTACHMENTS:**

Upcoming Meetings and Events

# STAFF REPORT



**Date:** April 8, 2024

**To:** Park and Recreation Commission

**From:** Perry Vetter, Parks & Recreation Director

**Subject:** Upcoming Meetings and Events

Date	2024 Meeting Dates	Time	Location*
<b>Mon. April 8**</b>	Regular Meeting	7:00 pm	Braemar Golf Course
<b>Mon. May 13**</b>	Monday Regular Meeting	7:00 pm	Braemar Golf Course
<i>Tues. May 21</i>	<i>Joint Work Session with City Council</i> • Annual work plan discussion • Recommended, not required attendance	<i>5:30 pm</i>	<i>City Hall Community Room</i>
Tues. Jun. 11	Regular Meeting	7:00 pm	Braemar Golf Course
Tues. July 9	No Meeting	-	-
<b>Mon. Aug. 12**</b>	Monday Regular Meeting	7:00 pm	Braemar Golf Course
Tues. Sept. 10	Regular Meeting	7:00 pm	Braemar Golf Course
Tues. Oct. 8	Regular Meeting	7:00 pm	Braemar Golf Course
<b>Wed. Nov. 13**</b>	Wednesday Regular Meeting	7:00 pm	Braemar Golf Course
Tues. Dec. 10	Regular Meeting	7:00 pm	Braemar Golf Course
Date	2024 Events	Time	Location*
Thurs. May 2	Board & Commission Recognition Open House	6-8 pm	Braemar Golf Course
Thurs. July 4	Independence Day Parade and Fireworks	10:00 am	
Sept. 7 & 8	Fall Into the Arts Festival	10a – 5p	Centennial Lakes

\* Regular Commission meetings will be held in the Hoyt and Blanchard Room, lower level of Braemar Golf Course, 6364 John Harris Drive, Edina.

\*\* Date Adjustments – In accordance with the 2024 Observed City Calendar.