

Agenda
Community Health Commission
City Of Edina, Minnesota
VIRTUAL MEETING
US Toll +1-415-655-0001 Access code: 2463 172 7465
Monday, January 10, 2022
6:30 PM

- I. Call To Order
- II. Roll Call
- III. Approval Of Meeting Agenda
- IV. Approval Of Meeting Minutes
 - A. Minutes: Community Health Commission, November 8, 2021
- V. Community Comment

During "Community Comment," the Board/Commission will invite residents to share relevant issues or concerns. Individuals must limit their comments to three minutes. The Chair may limit the number of speakers on the same issue in the interest of time and topic. Generally speaking, items that are elsewhere on tonight's agenda may not be addressed during Community Comment. Individuals should not expect the Chair or Board/Commission Members to respond to their comments tonight. Instead, the Board/Commission might refer the matter to staff for consideration at a future meeting.

- VI. Reports/Recommendations
 - A. Opioid Initiative Report Update
- VII. Chair And Member Comments
- VIII. Staff Comments
- IX. Adjournment

The City of Edina wants all residents to be comfortable being part of the public process. If you need assistance in the way of hearing amplification, an interpreter, large-print documents or something else, please call 952-927-8861 72 hours in advance of the meeting.



CITY OF EDINA

4801 West 50th Street

Edina, MN 55424

www.edinamn.gov

Date: January 10, 2022

Agenda Item #: IV.A.

To: Community Health Commission

Item Type:

From:

Item Activity:

Subject: Minutes: Community Health Commission, November 8, 2021

ACTION REQUESTED:

INTRODUCTION:

ATTACHMENTS:

Minutes: Community Health Commission: November 8, 2021



DRAFT MINUTES
Community Health Commission
November 8, 2021 at 6:30 PM
City Hall, Community Room

I. Roll Call

Present: Julia Selleys, Ben Hykes, Mary Absolon, Tracy Nelson, Greg Wright,
Philip King-Lowe

Absent: Rob Loesch, Andrew Hawkins, Michael Wood, Ellie Mullen

II. Approval Of Meeting Agenda

Motion by Tracy Nelson to approve meeting agenda. Seconded by Mary Absolon. Motion Carried.

III. Approval Of Meeting Minutes

A. Minutes: Community Health Commission, October 11, 2021

Motion by Tracy Nelson to approve October 11, 2021 meeting minutes. Seconded by Mary Absolon. Motion Carried.

IV. Community Comment

V. Reports/Recommendations

A. Vitals App Presentation/Discussion

Presentation by Kris Arneson regarding financial components of Vitals App.
Question and Answer with Commission Members.

B. Smoke-Free Multi-Unit Housing Report

Motion by Greg Wright to approve Smoke Free Multi-Unit Housing Report. Seconded by Julia Selleys. Motion Carried.

VI. Chair And Member Comments

VII. Staff Comments

VIII. Adjournment



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Date: January 10, 2022

Agenda Item #: VI.A.

To: Community Health Commission

Item Type:

Report and Recommendation

From: Mary Absolon & Greg Wright

Item Activity:

Subject: Opioid Initiative Report Update

Discussion

ACTION REQUESTED:

INTRODUCTION:

ATTACHMENTS:

Opioid Initiative Draft Report/Recommendations 2022

Recommendations to improve awareness and management of opioids in Edina

Edina Commission on Community Health

Introduction: The 2021 work plan for the Edina Commission on Community health included an initiative “(to) study and report on existing programs in Edina and Hennepin County regarding opiate use. Provide examples of efforts to increase public awareness of existing programs.” The Commission found that municipalities, including Edina, fail to use city resources to widely publicize the opioid crisis; fail to facilitate drug disposal; and that the Edina school system does not routinely provide education regarding opiates in the curriculum. The 2022 Commission work plan includes a request for recommendations to the Edina City Council to increase local awareness and improve management of the opioid crisis within the city.

Background information: In a 2021 review of local measures to enhance awareness of the opioid crisis, the Commission on Community Health noted that drug overdose deaths, primarily from opiates, had increased from 18,000 in 1999 to over 70,000 by 2019.¹ During the Covid-19 pandemic, deaths have accelerated to over 100,000 in 2021. The Commission noted that:

1. No municipal website in the metropolitan area, including Edina’s, presents easy access to information about the opioid crisis or the appropriate disposal of unused opiate or other medications.
2. Communities in general do not make multiple disposal sites available. In Edina, medication disposal bags for home use may be obtained during limited hours at the Police Station or #1 Fire Station. **Two commercial disposal sites, CVS and Walgreens pharmacies, located in adjacent buildings on York Avenue. Currently, only one of those two bins is operative. A third site is in the Fairview Southdale pharmacy. No disposal site is located north of Highway 62 or west of France Avenue.**
3. No municipality in the area makes medication disposal bags readily available at convenient times and retail locations (e.g., pharmacies, grocery and convenience stores).
4. Improvement in medication disposal is a critical component in reducing the risk of easy access to unused prescription opioids in medicine cabinets, especially for adolescents who are “...particularly at risk for misuse and subsequent overdose...Informing the public on medicine disposal...help(s) reduce non-prescribed access to opioid medications.”²
5. The Edina School System does not include opioid education in the curriculum.³

Recommendations:

1. Website enhancement: Given the serious threat to health posed by misused opiates, the Commission suggests that the Edina website create a highly visible icon to direct site visitors to an opiate information page. The page should present statistics on opiate abuse and deaths, comment on the importance of safe storage of medications, particularly opiates, and should emphasize the importance of prompt and safe disposal of all medications, especially opiates.

The Commission suggests that the City develop an icon that appears not only on the website but throughout multiple City publications and posters to enhance public recognition and awareness of the problem and the steps proposed to improve management of the crisis (see below).

2. Publicity:

a. The Commission recommends that the City create posters displaying the icon developed for the purpose to place in retail outlets, particularly pharmacies, grocery and convenience stores, liquor stores, and municipal buildings. The posters should encourage Edina residents to promptly and properly dispose of their **opiates, as well as other medications**, either at one of the pharmacies with disposal bins or at home with an approved medication disposal bag. The poster should include a QR code and URL address to direct residents to the Edina website page with information about opiates and drug disposal.

b. City publications that are sent to Edina residents should include occasional articles, tagged with the “opiate icon”, describing the opioid crisis and the importance of proper disposal of medications. Similar information should appear periodically from the city on the Nextdoor app.

3. Medication disposal: **Ideally, disposal bins should be located in 4-5 convenient locations within the city.** In addition to **those** disposal sites and Police and Fire Department locations to pick up disposal bags, disposal bags should be readily available at multiple convenient locations in Edina, particularly pharmacies, grocery and convenience stores, and liquor stores. The Commission recommends that dispensers with signage that includes the “opiate icon” should make disposal bags available for no charge to the user. The cost to Edina to provide free disposal bags is estimated at **[waiting on a response from one company]**. Ready availability of disposal bags is, we speculate, the measure most likely to lead to improved community-wide management of outdated or unneeded **opiates and other medications**.

4. Education: The Commission recommends that the City Council approach the Edina Board of Education to suggest inclusion of education regarding opiates in classes that already devote discussion to alcohol, tobacco, and vaping.

References:

1. Hedegaard H, Miniño AM, Spencer MR, Warner M. Drug overdose deaths in the United States, 1999–2020. NCHS Data Brief, no 428. Hyattsville, MD: National Center for Health Statistics. 2021. DOI: <https://dx.doi.org/10.15620/cdc:112340>external icon
2. Opioid Prevention Steering Committee, Hennepin County. Opioid Response Strategic Framework 2020. <https://www.hennepin.us/-/media/hennepinus/your-government/projects-initiatives/documents/opioid-response-strategic-framework-2020.pdf>
3. Candi Davenport, Licensed Drug and Alcohol Counselor, Edina School District, personal communication

